



**MAY 7, 2019**  
9:00AM - 3:00PM

**TO ATTEND**

Adverse Childhood Experiences, Trauma, and Response  
**ACEs**

THE SIXTH ANNUAL  
CAPITAL DISTRICT SYMPOSIUM



**AT THE**

2019 sponsors:



**A plan for life.**

*The Counseling Center at LaSalle*  
Serving Youth and Families  
Licensed Behavioral Health Care



together. the voice



**ADMISSION FREE; REGISTRATION REQUIRED**

Registration expected to open early March 2019  
Watch our website - [www.lasalle-school.org](http://www.lasalle-school.org) - for further details  
**\*SW CEUs available**

**CONFIRMED PRESENTERS**



**J. STUART ABLON, PH.D.**

*Director, Think:Kids in the Department of Psychiatry, Massachusetts General Hospital*

Parents, educators and clinicians strive to provide a trauma-informed discipline. Yet, we often still struggle to understand the impact of trauma on brain development in a concrete and tangible way, longing for concrete strategies that operationalize what brain science tells us will be helpful to facilitate development arrested as a result of complex developmental trauma. Dr. Ablon will explain the impact of chronic stress, adversity and trauma on development, how to make complicated neurodevelopmental concepts accessible and provide a practical, evidence-based process for trauma-informed care that everyone can follow. ACE Symposium participants will learn how the philosophy of Collaborative Problem Solving (CPS) facilitates co-regulation, see how CPS can be used to safely activate the stress response and experience how CPS represents a bottom-up, rather than a top-down, approach to intervention.



**WENDY ELLIS, PH.D.**

*Project Director, Milken Institute School of Public Health, George Washington University*

Across the country, coalitions made up of grassroots organizations, public health, health care, social work, education and other sectors use the Building Community Resilience (BCR) process to address inequities that result in adverse childhood experiences and adverse community environments (the Pair of ACEs). On May 7th, Dr. Ellis will discuss the science, historical and political context that informs these multi-sector initiatives and share practical information from this groundbreaking work. As a result, ACE Symposium participants will learn community resilience and develop an understanding of resilience as a framework for equity. Participants will also identify pathways that influence varying levels of community resilience and formulate measures that can be applied across multiple communities to measure resilience at the population level.

**Logistics / Details TBA: Registration, Times, Parking, Lunch, Continuing Ed (CEUs)**



*Offering health care practitioners and primary physicians as well as those with responsibilities across a wide span of human serving roles a unique opportunity to gain important and useful knowledge about the effects of trauma on brain development, how prevention and trauma informed care can be of significant benefit, and how ACE informed practice can assist with prescriptive treatment and improved use of resources. Also targeted to DSS Caseworkers and Supervisors, Child Welfare Administrators, Clinicians and Therapists, Juvenile Probation, Educators, Direct Care Staff and Supervisors within the non-profit provider sector.*

**REGISTRATION information will follow -- [www.lasalle-school.org](http://www.lasalle-school.org)**