



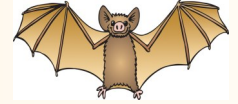
Have an Enjoyable and Safe Summer!
Happy Father's Day!



Albany County Department of Health has HIV/STD testing— Check in for clinic
Tuesdays and Thursdays from 8:30-10 am.
175 Green St., Albany, NY (next to the DMV) Call **(518) 447-4589** for more info
Offers Free Male and Female Condoms

Bats play an important role in nature but may also carry rabies

Rabies is a deadly virus that attacks the nervous system.
Watch Albany County Department of Health's video on safe ways to capture bats at:
<https://on.ny.gov/2GDeWSV>



Health & Wellness



This Month at the Women's & Children's Health Education Center

Breast Feeding Support Group 6/13, 6/27 1-2:30pm Mercy Conf Rm 6
Post Partum Support Group 6/18, 2-3pm Mercy Conf Rm 6
Parents of NICU Babies Support Group 6/25. 5:30 (RSVP 518-525-1288 3rd fl Cusack Room)
Prepared Childbirth Class for Expectant Teens 6/19, 6-8pm registration required
Variety of Classes available call (518) 525-1388 or visit www.sphp.com/classes-events



Visit the Teen Clinic and Planned Parenthood Health Center

Walk-In services available Thursday afternoons, 3pm-6pm, 855 Central Avenue, Albany
Most teens eligible for coverage under the Family Planning Benefit Program, free insurance that covers all birth control methods, annual exams and pap smears. Bring ID and proof of current residence



Parents & Families



Breast Pumps Available with a Doctor's Prescription Through Participating Providers

Call The Albany County Department of Health **WILLOW** Program for info **(518) 447-4684**



Tired of Using Your WIC Checks?

Starting May 2018, Whitney Young Health WIC and Albany Medical WIC will be switching over to the EBT Card. No more sorting groceries, no more having to get everything on the checks, no more holding up lines at the store!

Need a gallon of milk? Just swipe your card and go!



ACAP Early Head Start for children 6 weeks-3 years of age

Locations at 25 Monroe St or 170 Ontario St Albany

ACAP Head Start for children ages 3-4

Enrolling now for Albany, BKW, Colonie, Cohoes, Green Island, Watervliet & Ravena

Call (518) 463-3175 Option 2

OR

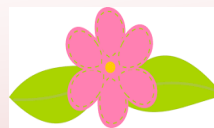
Apply In Person at:

333 Sheridan Ave Albany NY

Other Services

Blessingdales Clothing Center

Clothing and Household Items



Provided by Capital City Rescue Mission
95 Trinity Place Albany NY

Women's Hours: Wednesday and Friday
9:00-11:00 am and 1:00-3:00pm

Call (518) 462-459 ext. 258

Center for Law and Justice: Thursday Service Day

220 Green Street, Albany NY

- Financial experts, attorney (s), health navigators/info and community resources
- From 10am-5pm, Call to make an appointment **(518) 427-8361**



**The Center
for Law and Justice**



Albany County Offers Services for Women, Infants, & Children

If you need assistance connecting with community resources, navigating government programs, learning about your pregnancy and how to best care for yourself and your family, contact the

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

Operators available to answer questions, offer support and make referrals to medical and dental providers, counselling, self-care education and more

